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nyone involved with youth athletics has seen it happen.

Two young soccer players knock their heads together as they both go up for a header. A basketball player smacks his head on the floor after tripping over another player's foot.

A cheer team tosses one of their own into the air, fully intending to catch her, but misses

Concussions result.

Unfortunately, these athletes return to the court or field the same game or, at most, the next competition. For many, that's too soon.

One in 10 youth athletes suffer concussions each season. The brain bruising that occurs takes time to heal — longer for kids than for

Returning to competition too early can result in re-injury and sometimes permanent brain damage.

Because there is no simple way to diagnose concussions, brain injury experts are recommending that school districts and youth leagues begin to use computer cognitive tests. They recommend that all youth athletes complete a baseline assessment at the beginning of the season, then follow-up assessments if head injuries occur.

It's not a perfect science, but it's a whole lot better than guessing whether a concussion has healed sufficiently to permit renewed athletic activity.

Leaving this to chance risks permanent cognitive damage that the athlete will live with

Precaution could pay lifetime dividends.

Open Forum

U.S. securing oil

Saddam Hussein may have come to a just end, but, as we have been slow to comprehend, Iraq is a difficult place to rule and we ourselves are responsible. In only four years, there have been more than 100,000 Iraqi deaths in that unfortunate, and pernaps misbegotten, country.

I expect that there are more than a few people who are hoping that our ties with Saddam during the times of his brutal reign when he was seen as an ally against Iran will be buried alongside him. Can the West admit to an honest and accurate history of our overall involvement in the Middle

And it is usually the small headlines and underreported stories that carry more significance the drift of Iranian and Saudi Arabian oil trading away from the petrodollar to the stronger euro, events which have evidently dispatched yet another aircraft carrier to the Persian Gulf. The nuclear issue and the spread of democracy and women's rights are only smokescreens for the real reasons for our military presence in the region, which is to secure the oil for our national corporate lifestyle.

The primary question is: Is the American public willing to pay the price of trying to do this?

ROBERT PORATH Boulder



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350 Terry St., Longmont Colo. 80501 Telephone 303-776-2244 Classified 303-776-7440 303-678-8615

Office hours: 8 a.m. – 5 p.m. Weekdays

Circulation Monday - Friday

Saturday, Sunday 5 a.m. – noon

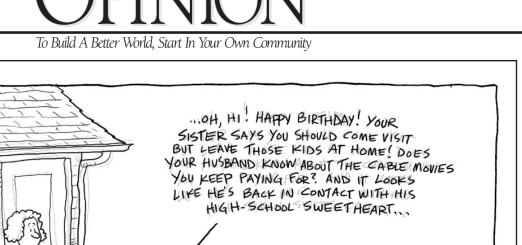
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nonpartisan military

By Rosa Brooks

Special to the Los Angeles Times

Buried in the news last week was one of the most potentially significant stories of recent years. The Military Times released its annual poll of active-duty service members, and the results showed something virtually unprecedented: a one-year decline of 10 percentage points in the number of military personnel identifying themselves as Republicans. In the 2004 poll, the percentage of military respondents who characterized themselves as Republicans stood at 60 percent. By the end of 2005, that had dropped to 56 percent. And by the end of 2006, the percentage of military Republicans plummeted to 46 percent.

The drop in Republican Party identification among active-duty personnel is a sharp reversal of a 30-year trend toward the "Republicanization" of the U.S. military, and it could mark a sea change in the nature of the military — and the nature of public debates about national security issues.

For most of U.S. history, issues of national security rarely divided Americans along sharp party lines: The old adage that "politics ends at the water's edge" generally held true. The military, while institutionally conservative with a small "c," was not closely identified with a particular political party. But somewhere between the end of the Vietnam War and the middle of the Clinton era, the U.S. military began to look like a wholly-owned subsidiary of the Republican Party.

The rightward shift was dramatic: In 1976, 25 percent of civilians characterized themselves as Republicans, while 33 percent of military officers were Republicans — a military-civilian "gap" of only 8 percent. By 1996, the military-civilian gap on party affiliation had grown to 33 percent; while 34 percent of civilians self-identified as Republicans, so did a whopping 70

By Pat M. Holt

world leader.

do not know his diagnosis.

that his era has ended

The U.S. intelligence community

thinks he has terminal cancer. A

Spanish doctor who recently exam-

ined him says he does not have can-

cer and can return to work after re-

habilitation. Either way, it is likely

Castro has outlasted nine U.S.

presidents: Eisenhower, Kennedy,

Johnson, Nixon, Ford, Carter, Rea-

gan, George H.W. Bush, and Clin-

ton. A tenth president, George W.

everything they and their CIA di-

tro down — without success.

in the Angolan civil war.)

rectors could think of to bring Cas-

(Carter took a step toward restoring

diplomatic relations but did not fol-

low through after Cuba intervened

The United States would long

since have come to terms with any

other revolutionary Latin American

government. That it has not done so

with Cuba is due mainly to ideologi-

cal bias in Washington and Havana

as well as the baleful influence of

hordes of anti-Castro refugees in

Bush, is halfway through his second

term. All of these except Carter did

The Christian Science Monitor

umphantly into Havana. Castro

himself followed a few days later

Weaning the troops from the **GOP**

percent of military officers. In Britain, the Anglican Church used to be snidely described as "the Tory Party at Prayer." In the United States over the last 30 years, the military became, to a significant extent, the Republican Party at

The Republicanization of the professional military came about for many reasons, some obvious, some less so. To some extent, it resulted from changing perceptions of how "pro-military" the two main parties were: In the wake of the Vietnam War, the Democratic Party became associated, in the popular mind, with antiwar, antimilitary policies. With the end of Vietnam-era conscription, which guaranteed a relatively representative military, a higher percentage of Republicans than Democrats may have opted to join the military (at least as officers), while many career military personnel transferred their allegiance to the political party they saw as "on their side.

But the Republicanization of the military was not just because of natural self-selection. It also resulted from changed recruitment and base-closing policies, combined with the steady Republicanization of the American South. The period since the late 1960s saw the closure of many northeastern ROTC programs and the expansion of those programs in the South.

For a time, the Republicanization of the military became self-reinforcing. The GOP has controlled the White House for all but 12 of the last 34 years and has made a determined effort to identify itself with the military and to court military

The Castro era is ending

the U.S.?

voters. By the turn of the millennium, the perception that Republicans were "pro-military" while Democrats were "soft" on defense had become an entrenched facet of American politics.

CARRY

The latest Military Times poll offers the most telling evidence yet that this is beginning to change. Although the reasons for the recent military flight from the Republican Party can only be guessed, it's a safe bet that disgust at Bush administration bungling in Iraq is the single biggest factor.

The poll shows that only 35 percent of military personnel approve of the president's handling of the war, and three-quarters of those polled say that the military is "stretched too thin to be effective." Anecdotal evidence suggests that many career officers also are skeptical of the administration's approach to combating terrorism and unhappy with its undermining of the norms of the Geneva Conven-

The partial de-Republicanization of the military is a hopeful sign and not just for Democrats. A politicized military presents a threat to democratic ideals of civilian control. Over the last 30 years, the Republicanization of the military also has had a deeply distorting effect on public debates about national security, making it almost impossible to question Republican national security policies without being labeled "anti-military."

As we struggle to move beyond the horrors of Iraq, we desperately need to develop fresh approaches to changing security threats. That requires a military that isn't partisan and political leaders who won't make posturing in front of the troops a substitute for responsible

Rosa Brooks is a professor at the Georgetown University Law Center. She is on a leave of absence while working on a book, E-mail Brooks at

to Rezko are questionable **By Tom Fitton** Judicial Watch

Obama's ties

Washington pundits are excited over a potential battle for the Democratic nomination for president between the "fresh-faced' freshman Senator from Illinois, Barack Obama, and the consummate political insider, New York Senator Hillary Clinton. However, new revelations about a new scandal involving Obama suggest he may have more in common with Hillary than he would like to admit.

In November, press reports surfaced regarding a questionable land deal between Obama and Antoin "Tony" Rezko, an indicted political fundraiser described by the Chicago Tribune as a man who "notoriously attaches himself to political figures, often parlaying friendships into business dealings that have attracted official suspicion for sever-

The long and the short of it is that Obama approached Rezko with the idea to simultaneously purchase adjoining lots in Southside Chicago. Rezko obliged. Obama obtained his lot for a reduced price. Rezko later sold a portion of his property to Obama. All of this took

Obama's

dealings

with Rezko

reveal a

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of integrity

the subject of a federal corruption investigation. What do Obama's dealings with Rezko tell us, if anything, about

place while

Rezko was

Obama's ethics. Here are some thoughts. First, Obama's dealings with Rezko reveal a politician oblivious to the expectations of

for those in \bullet public office. at least the appearance of inthose in public office. At the time land deal, it was widely known that

Rezko was the subject of a federal investigation for allegedly trying to collect nearly \$6 million in kickbacks from government deals. Obama and Rezko have been "friends" since 1990. Obama knew about Rezko's shady reputation and ought to have avoided the appearance of impropriety. Second, Obama's dealings with

Rezko suggest, at least, that Obama might be the kind of politician willing to peddle his influence. The Chicago Tribune reported that Obama purchased his land for \$300,000 less than the asking price, while Rezko's wife paid full price for the adjoining lot from the same owner. Did Mrs. Rezko partially subsidize the purchase of Obama's new home? And what of the subsequent sale of a section of the Rezko property to Obama shortly thereafter?

Press reports suggest Rezko has raised as much as \$60,000 in campaign contributions for Obama. What has he received in return for his generosity? New revelations surfaced this week indicating that Rezko was successful in persuading Obama to award a coveted internship in his Senate office to a Rezko business associate. (Incidentally, the business associate, John Armanda, has donated \$11,500 to Obama's campaigns.) Is there more to this story

Third, Obama's dealings with Rezko suggest that Obama may be willing to cast aside his professed sense of ethics for personal financial gain. Obama, through his dealings with an indicted political fundraiser, was able to purchase a luxurious home at a cut-rate price and expand his property. Obama acknowledged the deal was a mistake, but only after the media made hay of it.

Ironically, Democrats have appointed Sen. Obama the Democratic Party's point person on ethics and the culture of corruption.

In 1992, the Clintons came into the White House despite evidence of their shady real estate dealings in Arkansas, a scandal known as "Whitewater," setting the tone for what would be the most corrupt presidency in our nation's history Is this Rezko land deal Barack Obama's Whitewater? Let's find out sooner than later.

Tom Fitton is president of Judicial Watch, a conservative nonpartisan educational foundation Watch does not support nor oppose candidates or legislation. Visit www.judicialwatch.org for

Was Cuba ever ARLINGTON, Va. — On New really a threat to Year's Day 1959, Fidel Castro's ragtag guerrilla army marched tri-

and began his half-century of work carrying out his revolution. This Castro has an efficient and ubiqturned out to be a real revolution as uitous secret police and has not hesdistinguished from the coups d'etat itated to use it to quash opposition. that had previously characterized But also, and somewhat paradoxi-Cuban politics. By the time Castro cally, he has had remarkable public turned over power to his younger support. In major part, this came brother Raúl in July 2006, he had from what he did to change Cuban ruled longer than any other current society. He improved healthcare and We know that Castro is sick; we

made it more widely available, despite a drain of skilled health professionals who streamed out of Cuba into Miami. He improved literacy — which was already good by Latin American standards — by forming "literacy brigades" to teach illiterate men and women how to read. Schoolchildren are clean and neatly dressed. They even wear shoes. They look well fed no distended bellies, no spindly

arms and legs. The Mafia was thrown out of Cuba when Castro took power, and with it, the legality of gambling and prostitution.

The Castro regime attacked the housing shortage by obtaining land and building materials and organizing teams of workers who built apartment houses. Construction workers then had priority for living in the apartments.

The revolution got a big boost from the Soviet Union, which sold oil for less than the world price and bought sugar for more than the world price. This provided a subsidy of \$3 billion to \$4 billion a year, which ended with the collapse of the Soviet Union.

This precipitated a major economic crisis for Cuba. Castro reacted by reluctantly allowing hard currency investment in tourist facilities. Europeans flocked to them, and Cuba became in effect a two-currency economy. On one side was the Cuban peso; on the other was the U.S. dollar which, despite opposition from both the Cuban government and the U.S. Treasury, was what the melange of largely Euro-

pean currencies settled into. On one side are Cubans who are living reasonably well; on the other are Cubans who are barely surviv-

There the matter rests. It remains to be seen who the long-term successor to Fidel Castro will be, or what he or she will do, but the United States can learn some things from its Cuban experience. Apart from the missile crisis (which was precipitated by the Soviet Union), Cuba has never been a threat to the United States. Why, then, have so many presidents, some of them otherwise sensible, been so upset about it? In part, Florida politics; in part, the possible spread of communism; in part the fear that Castro might seek to extend his revolution elsewhere in the Western Hemisphere.

Yet Castro said many times that revolutions cannot be exported. He warned President Salvador Allende, who died trying to bring a similar revolution to Chile, not to pick a fight with the United States. His assertions don't match with the U.S. fear that Castro would try to spread his revolution.

A regime change is under way in Cuba. Maybe we would all be better off if there were a policy change in the United States as well.

Pat M. Holt is former chief of staff of the Senate Foreign Relations Committee